

# How might I change the way I respond?

| Key Vocabulary       | Dance                                                                                    |
|----------------------|------------------------------------------------------------------------------------------|
| <b>Routine</b>       | A planned sequence of dance movements performed in a set order.                          |
| <b>Co-ordination</b> | The ability to move different parts of the body smoothly and at the same time.           |
| <b>Fluency</b>       | Moving from one step to another smoothly, with flow and control.                         |
| <b>Music</b>         | The sound or soundtrack dancers move to, which helps set the rhythm, style, and mood.    |
| <b>Unison</b>        | When two or more dancers perform the same movements at the same time.                    |
| <b>Performance</b>   | Showing a dance routine to an audience with expression, confidence, and clear movements. |
| <b>Beat of 8</b>     | A way of counting music in dance. Dancers count “1–8” to keep in time with the rhythm.   |

| Steps to Success in Dance                          |
|----------------------------------------------------|
| Perform dances using a range of movement patterns  |
| Link movement patterns together                    |
| Work on your own, with a partner and in a group    |
| Create, practice and perform more complex dances   |
| Perform as various characters when moving to music |
| Communicate feeling through dance                  |

